

non-commercial use only

XS - XXL
34 - 44

Tiered Maxi Dress Tutorial



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Material

» [Fabric Scissors, fabric pins, iron, yarn matching your fabric](#)

» Depending on your fabric: [universal needle](#) or [microtex-needles](#), size 60-80

» [Fabric of choice](#)

» Double fold bias tape matching your fabric (You can either make your own bias tape using your main fabric or buy finished bias tape)

» If you make your own bias tape a [bias maker](#) can be helpful

Suggested Fabrics

» [Viscose](#)

» light [cotton](#)

» light [linen](#)

» [Muslin](#)

Optional: If your main fabric is a little transparent, you can easily add a lining / second layer. Use your main fabric or an extra lining fabric such as light viscose.

Fabric consumption in cm, Midi Dress

width	34	36	38	40	42	44
115	170	170	180	180	220	230
150	140	140	150	150	150	180

Fabric consumption in cm, Maxi Dress

width	34	36	38	40	42	44
115	320	330	340	350	400	420
150	290	300	310	320	330	360

Bias Tape consumption in cm

width	34	36	38	40	42	44
3,20	200	200	200	210	220	220



What is Double Fold Bias Tape?

Double fold bias tape is a fabric that is cut on the diagonal (the bias) and then pressed into quarters along its length. Shop-bought bias tapes generally only come in plain colors that's why I usually DIY my bias tape.

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[YouTube: Make It Yours - The Label](#)

The reference height is 168 cm.

Size Chart, cm

Size Chart in inch on page [14](#)

In order for the finished garment to fit you perfectly, it is necessary to take your exact measurements! Make sure that you take the measurements horizontally and do not hold the tape measure too tight or too loose. Ideally, it should still be possible to move it back and forth.

You already know your measurements? Great! Choose the right size in the chart below.

Finished garment size chart

In this table you will find the measurements of the finished garment:

cm	34	36	38	40	42	44
Bust	80	85	90	95	100	105
Waist	75	80	85	90	95	100
Length Midi	81	81,4	81,8	82,2	82,6	83
Length Maxi	123,7	124,4	125,1	125,8	126,5	127,2

Body Measurements

cm	34	36	38	40	42	44
Bust	80-85	85-90	90-95	95-100	100-105	105-110
Waist	60-65	65-70	70-75	75-80	80-85	85-90
Hips	90-95	95-100	100-105	105-110	110-115	115-120

The reference height is 168 cm.



Pattern Overview

Remember to copy all notches and markings from the pattern onto your fabric!

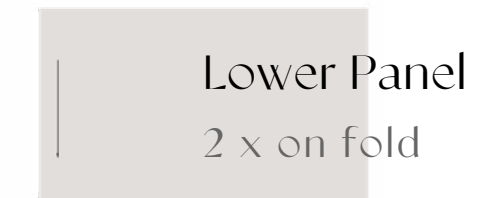
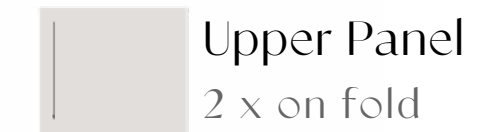
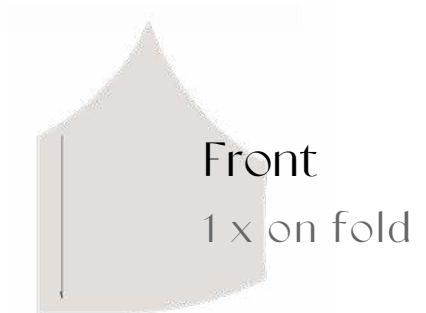
Bias Tape in cm

cm	34	36	38	40	42	44
1 x Front	35	36	37	38	39	40
1 x Back	48	51	54	57	60	63
2 x armhole & front straps	51	52	52	53	53	54
2x back straps	51	52	52	53	53	54

Optional: if you don't want to print out the panels, use the following measurements (in cm, without seam allowance, on fold):

	XS 34	S 36	M 38	L 40	XL 42	XXL 44
Upper Panel	31 x 27	33 x 28	35 x 28	37 x 29	39 x 29	41 x 29
Middle Panel	46 x 32	49 x 33	52 x 33	55 x 33	58 x 34	61 x 34
Lower Panel	70 x 42	74 x 43	78 x 43	82 x 43	86 x 43	91 x 44

If your fabric is a little transparent, you can add a second layer / lining to your dress e.g. from light viscose or cotton fabric



Getting Started

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Printing

» **A4 / US Letter:** first print the page with the test square (5x5cm) and check if your printer settings are correct.

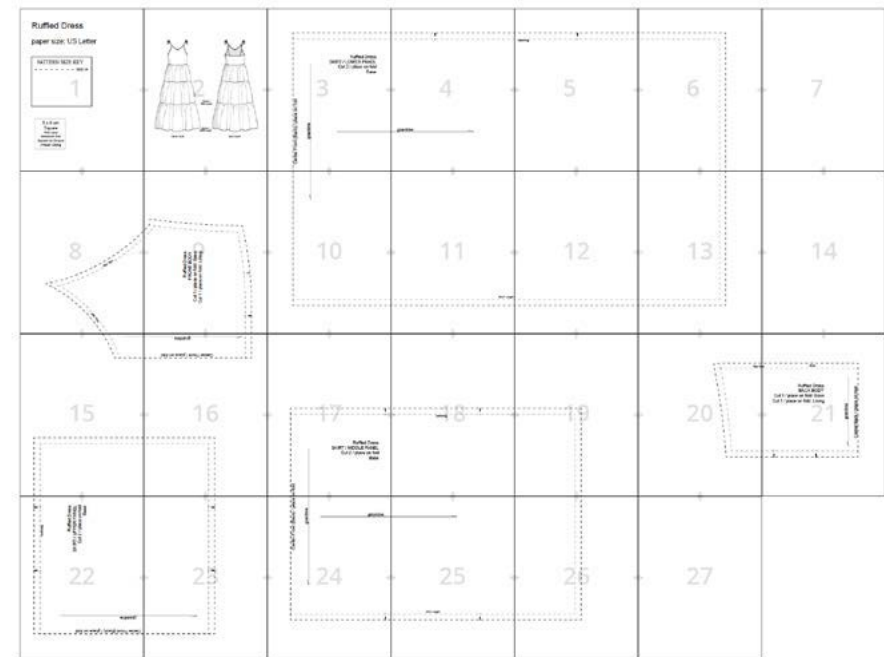
Make sure to always open the pattern in Adobe Reader, as problems may occur when printing from the browser window. Always make sure to print in real size and turn off the automatic page adjustment.

» **A0:** in the download you'll also find an A0 pattern file. Drag the file onto a USB stick and print it out directly in the copy shop of your choice. This eliminates the need for cutting and gluing the pattern.

Printing a pattern on thin paper in black and white costs between 6.00 and 7.00 EUR.

Assemble the PDF Pattern

Glue the pattern pieces together as indicated in the pattern overview. The arrows mark the places where the pages should meet. Then cut out your size.



Legal Notice

I devote a lot of time and love in making my patterns. Please note that my instructions and patterns are only intended for private use, i.e. for the production of individual pieces. The sale as well as the passing on (exchange, copy) is strictly prohibited!

All rights to this pattern are reserved to Make it Yours - the Label. If you have any questions please contact me at:

hello@makeityourstheLabel.com

Getting started: tips for beginners

You don't have much experience in sewing clothes?
No problem - here you will find important tips and tricks to help you.

Get an overview

Always read the entire tutorial before you start your new project. I know it can be tempting to start right away, but good preparation usually affects the result and you avoid mistakes and tiresome seam ripping.

Washing

Wash and iron your fabric before you start working with it. Some fabrics can shrink during washing.

Choose the right size

As sewing instructions and patterns are produced by different designers, sizes may sometimes vary. If you do not know your measurements, take your current measurements and select the appropriate size from the table.

Printing

First print the page with the control square (5x5cm) and then the pattern. Make sure to print in actual size and turn off the automatic page adjustment.

Cutting

The fabric consumption refers to cutting in the grain line and on fold. Although the fabric consumption may be slightly higher, the result will be better, because the grain has a decisive influence on the fall of the fabric and the later fit of the garment. Also, you will avoid the fabric warping after washing as well as wavy seams and crooked hems.

Notches

Notches are small incisions on the edges of the fabric. They serve as a marker for the correct positioning of pockets and belts, for example.

Seam Allowance

The seam allowance is already included (second line around the pattern) and is one centimetre wide. However, you can still cut out your own seam allowance.

Pins

Before sewing, you should pin the pieces of fabric together. I especially recommend fabric clamps for fine fabrics, as they fix the fabric much better.

Ironing

Iron/ press the seams after each step. This makes sewing easier and the result is more beautiful.
BUT: always iron delicate fabrics with an ironing guard. If in doubt, use a thin tea (cotton) towel.

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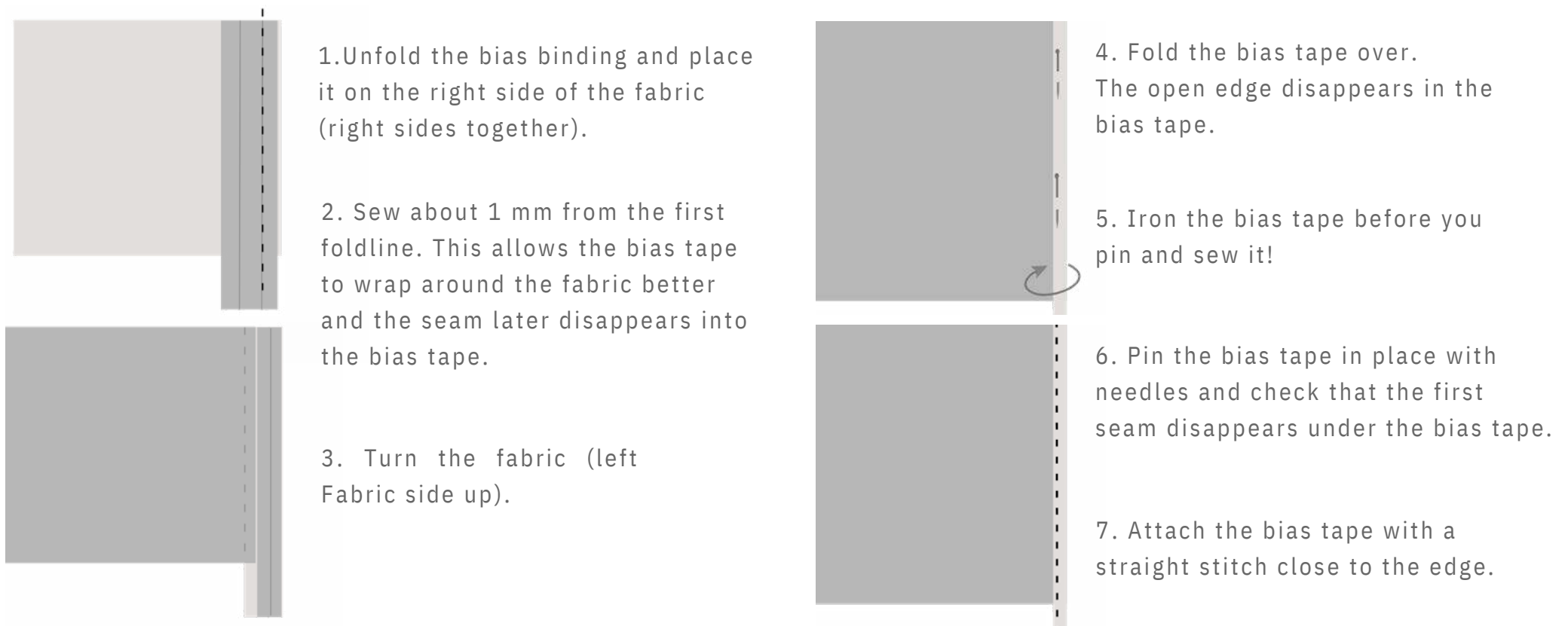
[YouTube: Make It Yours - The Label](#)

General directions: how to attach bias tape

Fabric left side
Fabric right side

For this pattern you'll need to attach bias tape in several places. You can either make the bias tape yourself using your main fabric or use ready-made bias tape. Especially with patterned fabrics, it is worth the extra effort to iron the bias tape yourself. For plain fabrics, I usually buy premade bias tape.

If you make your bias tape yourself, cut a strip of fabric measuring 200 cm x 3 cm in a 45-degree angle. Iron the bias tape lengthways in the middle and iron the open edges 0.5 cm inwards. Attach bias tape as follows:



For sewing curves with bias tape, it is very helpful to sew slowly. Stop (if necessary) in between and lift the sewing machine foot without lifting the needle. Turn the fabric, lower it the foot and keep on sewing slowly.

General directions: how to gather fabric

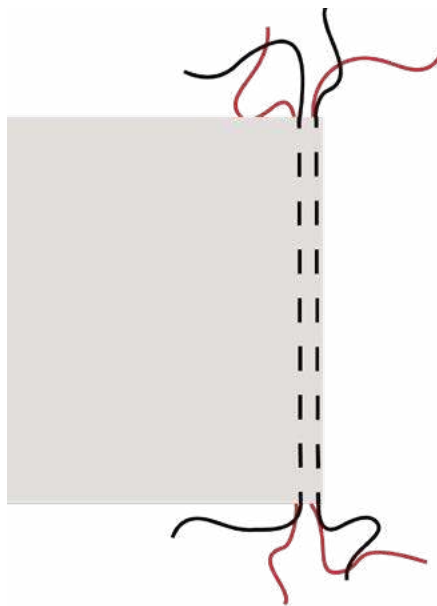
Fabric left side

Fabric right side

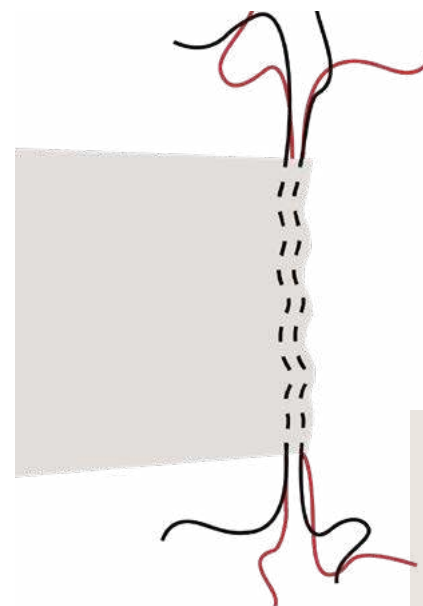
For this pattern you'll need to gather the fabric in a few places. If you see this in the instructions, then proceed as follows:

Change the stitch length of your sewing machine to 4-5 (or the longest stitch length). Before you start sewing, pull plenty of bobbin and upper thread out of your sewing machine (more than usual so that you can pull on the protruding threads later).

— = Upper Thread
— = Bobbin Thread



1. Sew two seams along the open edge with a straight stitch. Sew the first seam at 0.5 cm and the second seam at approx. 0.7 cm (distance to the open edge). Do not lock the stitch (neither at the beginning of the seam nor at the end of the seam!) Also leave a little more thread at the end of the seam so that you can pull it well.



2. Gently pull the bobbin threads to gather the fabric. Pull evenly from both sides of the seam. Do not pull on the upper threads, otherwise the seams could "get caught".

If your fabric is very frayed, overcast the seam with your serger or a zigzag / overlock stitch on your sewing machine before gathering.

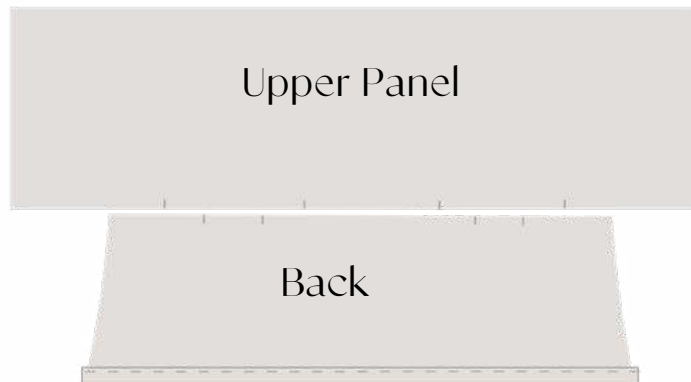
Note: You can also gather your fabric with one seam, but the result will be nicer if you make two seams.

Tutorial

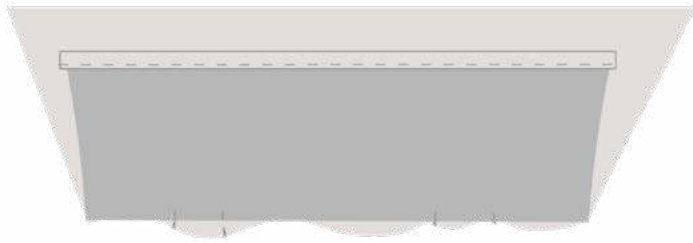
YouTube Video Tutorial (in german)



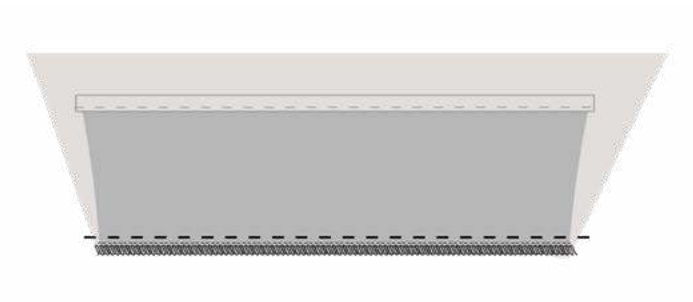
1. Take the front piece and attach the bias tape to the neckline. You can find the full tutorial on how to attach bias tape on page [6](#).



2. Start with the „Upper Panel“ and "back". In order to make those two parts fit on top of each other, gather the upper panel as explained on [page 7](#) so that it has the same length as the back.



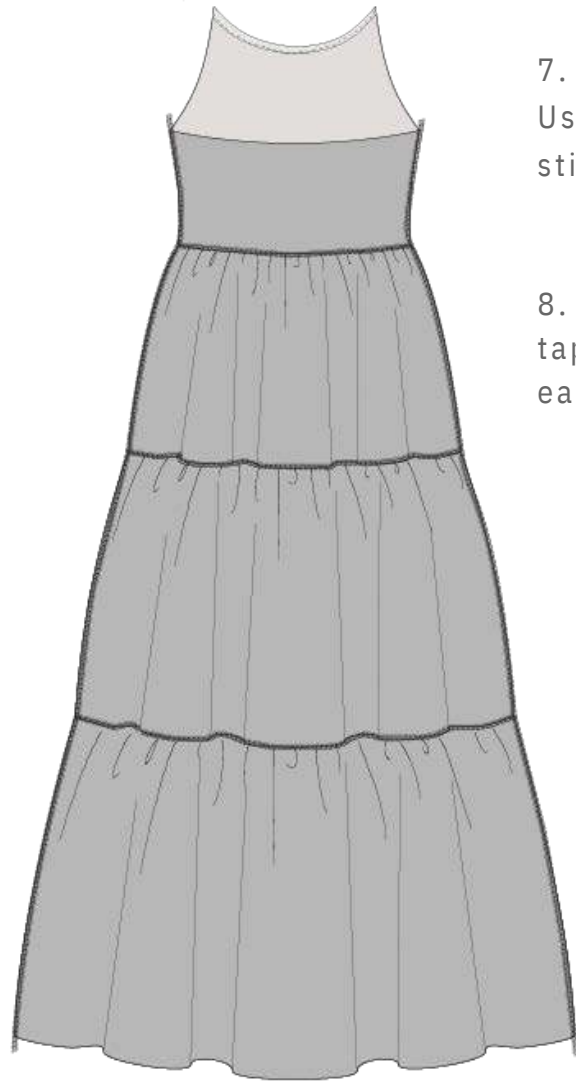
3. Place the back right side on top of the upper panel. Make sure the notches meet. Pin everything into place.



4. Attach the upper panel to the back. Use a straight stitch of your sewing machine, followed by a zig-zag-stitch / overlock-stitch or use your serger instead.

5. Gradually add the other two pattern parts “middle panel” and “lower panel”.

6. Repeat step 3-5 for the front.

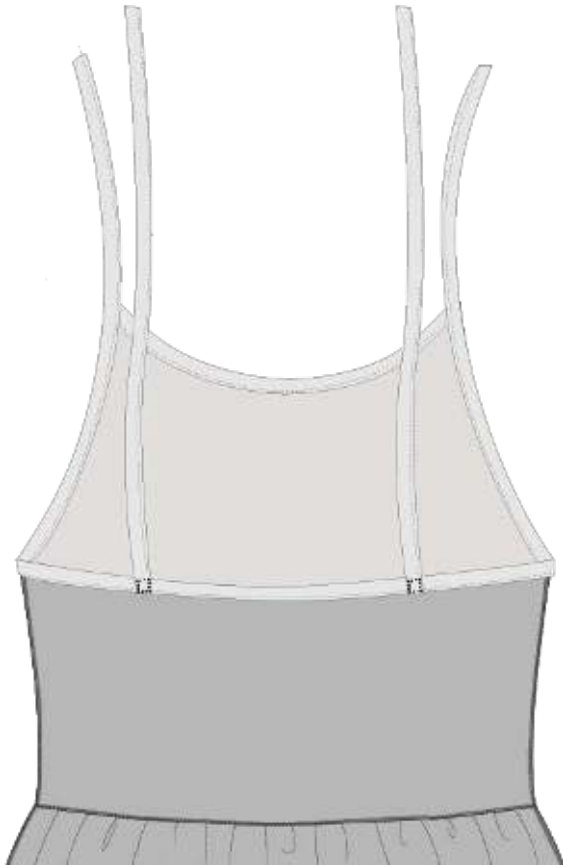


7. Place the back on top of the front (right sides together) and close the side seam. Use your serger or a straight stitch of your sewing machine followed by a zig-zag-stitch / overlock-stitch.

8. Attach the bias tape (as explained on [page 6](#)) around all open edges. As the bias tape will also be the front straps, make sure to add a minimum of 50 cm in length on each side (the beginning and end of your seam).



Fold the short open edge of the bias tape on each side inwards before you close it.



9. Prepare the back straps from your bias tape in the same way you would attach it: fold the open edge inwards and topstitch it.

10. Carefully attach the straps to the back with a straight stitches. Use your paper pattern for the positioning of the straps.

Again, fold the short, open ends of the bias tape inwards before you close it. You can find the exact length of the straps [3](#).

11. It's time to try on your dress! Knot the straps and mark the final length with some needles.

12. Hemming:

For the hem iron the open edge 0.5 cm inwards and fold it another 1 cm. Topstitch the hem with a straight stitch. The open edge disappears in the seam.

Optional: Dress adjustments

Fabric left side

Fabric right side



Since the dress fits differently depending on bust size and physique, it may make sense to make minor adjustments:

- for a larger bust, you can adjust the fit of the dress with the straps
- for a smaller bust you can consider taking out a few centimetre on each side of the dress

The reference height is 168 cm.

Size Chart, inch

In order for the finished garment to fit you perfectly, it is necessary to take your exact measurements! Make sure that you take the measurements horizontally and do not hold the tape measure too tight or too loose. Ideally, it should still be possible to move it back and forth.

You already know your measurements? Great! Choose the right size in the chart below.

Finished garment size chart

In this table you will find the measurements of the finished garment:

inch	34	36	38	40	42	44
Bust	31.5	33.5	35.4	37.4	39.3	41.3
Waist	29.5	31.5	33.5	35.4	37.4	39.3
Length Midi	31.8	32	32.2	32.3	32.5	32.6
Length Maxi	48.7	48.9	49.2	49.5	49.8	50

Body Measurements

inch	34	36	38	40	42	44
Bust	31-33	33-35	35-37	37-39	39-41	41-43
Waist	23-25	25-27	27-29	29-31	31-33	33-35
Hips	35.4-37.4	37.4-39.3	39.3-41.3	41.3-43.3	43.3-45.2	45.2-47.2

The reference height is 168 cm.

